

# HIGH HOLIDAY GUIDEBOOK

*for Congregation Or Tzion*

5784 · 2023



הנה מה טוב!

**BEHOLD, HOW GOOD!**

*Hinei ma tov!*

*Services will be led by*

**Rabbi Andy Green & Cantor Dannah Rubinstein**

*Complete info and schedules available at*  
**otaz.org/5784**

# WELCOME TO THE HOLIDAY GUIDEBOOK FOR 5784

In the pages that follow you will find descriptions and schedules of services and events for the upcoming High Holidays, plus information on all of the offerings and experiences planned for the holiday season. Before we get started, **let all of us at Congregation Or Tzion be the first to wish you and yours a happy, healthy, and prosperous new year.**

**לשנה טובה תכתיבו! ▪ L'shanah Tova Tikateyvul**

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## DATES TO REMEMBER

AUGUST 18, Friday	Honey Fundraiser deadline to order
SEPTEMBER 9, Saturday	Selihot event · 7:00pm <i>Service and Workshop: A Nefesh Refresh - Mindfulness and Positivity Workshop with Mariel Wilk</i>
SEPTEMBER 12, Tuesday	High Holiday tickets will be <b>emailed</b> before or by this date
<b>SEPTEMBER 15, Friday</b>	<b>Rosh Hashanah begins at sundown</b>
<b>SEPTEMBER 16, Saturday</b>	<b>Rosh Hashanah, day 1</b>
<b>SEPTEMBER 17, Sunday</b>	<b>Rosh Hashanah, day 2</b>
SEPTEMBER 22, Friday	Tashlih, Roadrunner Park · 6:00pm
SEPTEMBER 24, Sunday	Sukkah Brigade · 7:30am
<b>SEPTEMBER 24, Sunday</b>	<b>Yom Kippur begins at sundown</b>
<b>SEPTEMBER 25, Monday</b>	<b>Yom Kippur</b>
SEPTEMBER 29, Friday	Sukkot begins at sundown
OCTOBER 1, Sunday	Or Tzion Sukkot event · 6:30pm At home of Cheryl & Stan Hammerman <i>Details coming soon!</i>
OCTOBER 7, Saturday	Shemini Atzeret, Yizkor recited at services
OCTOBER 7, Saturday	Simhat Torah begins at sundown
OCTOBER 8, Sunday	Simhat Torah

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# A Message from Rabbi Green



Each High Holiday season, our tradition asks us to engage in teshuvah, a process of introspection, repentance, and amends. It is a time for *heshbon hanefesh*, a personal inventory taking, literally "an accounting of the soul".

Usually our focus in this effort is determining failures that need to be atoned for, patterns that need to be broken, and frayed relationships that need to be healed. And while all that's important, we often ignore that we're asked to take stock of the positive as well.

Our 5784 High Holidays theme is: *Hinei Ma Tov* - Behold, How Good! This season when we renew our celebration of creation, we take a moment to reflect on the extraordinary blessings of our lives, embracing with gratitude the holy community we share.

Over this past year together, we have cried, mourned, grieved, processed, prayed, and struggled. And we have danced, praised, celebrated, and exulted. We have lifted our eyes to moments of profound meaning, wonder, and awe.

I feel so blessed to share it all with you.

**הנה מה־טוב ומה־נעים שבת אחים גם־יחד**

"Behold, how good and how pleasing, for brothers and sisters to sit together in unity." (Psalm 133:1)

This year, may we recognize the good and the pleasing, may we sit eye to eye and truly see one another, and may this be a new year of renewed strength, unity, purpose, and love.

Shanah Tova,

*Rabbi*

# HIGH HOLIDAYS

## SCHEDULE OF SERVICES at Congregation Or Tzion

### Friday, September 15      Erev Rosh Hashanah

Apples & Honey Service\* · 5pm  
Evening Service\* · 6pm

### Saturday, September 16\*      RH Day 1 (Split Service Schedule)

8:30am to 10:00am

Main Service 1\* · sanctuary  
High Holy Days Kids' Club, ages 3 & 4 and ages 5 to 7  
Youth Service, led by Andre, grades 3rd to 6th · upstairs classroom

10:15am to 10:45am

Families w/Littles Service, led by Andre Ivory, infant to 7 year olds · social hall

**NEW THIS YEAR:** *Feel free to greet your fellow congregants in the lobby as we transition from first to second service.*

11:00am to 12:30pm

Main Service 2\* · sanctuary  
High Holy Days Kids' Club, ages 3 & 4 and ages 5 to 7  
Youth Service, led by Andre Ivory, grades 3rd to 6th · upstairs classroom  
Teen Service, led by Sarah Bochenek, grades 7th and up · Beit Midrash

### Sunday, September 17      Rosh Hashanah Day 2

Main Service\* · 8:30am-12:30pm  
Family Service · 8:30am- 9:30am, led by Rabbi, Cantor and Andre Ivory

### Sunday, September 24      Kol Nidre (Split Service Schedule)

Family Kol Nidre Service\* · 5pm-5:45pm  
Kol Nidre Main Service 1\* · 6pm-7:30pm  
Kol Nidre Main Service 2\* · 8pm-9:30pm

### Monday, September 25      Yom Kippur Day (Split Service Schedule)

9:00am to 11:00am:

Main Service 1\* · sanctuary  
High Holy Days Kids' Club, ages 3 & 4 and ages 5 to 7

9:30am to 11:00am

Youth Service, led by Andre Ivory, grades 3rd to 6th · upstairs classroom  
Teen Experience, led by Sarah Bochenek, grades 7th and up · Beit Midrash

12:00pm to 2:00pm:

Main Service 2\* · sanctuary  
High Holy Days Kids' Club, ages 3 & 4 and ages 5 to 7

12:00pm to 1:30pm

Youth Service, led by Andre Ivory, grades 3rd to 6th · upstairs classroom

2:30pm to 3:15pm

Ask the Rabbi w/Rabbi Green\*  
Yoga

3:30pm to 4:15pm

Family & Littles Yom Kippur Service\* w/Rabbi, Cantor, & Andre Ivory; infant to 7 year olds

Teen Takeover Mincha\* · 4:30pm-5:30pm  
Neilah, Havdalah, Final Shofar Blowing\* · 5:45pm-6:57pm

*\*These services will be livestreamed for remote viewing.*

*\*Shofar will not be sounded at Rosh Hashanah Day 1 services.  
We refrain from blowing the shofar when Shabbat coincides with Rosh Hashanah.*



## INTRODUCTION TO HIGH HOLIDAYS

Welcome to Or Tzion's High Holidays 5784. All high holiday services and programming will be held at Or Tzion.

As we did last year, Or Tzion will host a hybrid high holiday service schedule allowing for as many in-person attendees and online streaming viewers as possible. There will be two, similar, in-person sessions of the same abbreviated service that will run consecutively during Rosh Hashanah Day 1, Kol Nidre and Yom Kippur morning; please see PAGE 2 in this Guidebook for the schedule. Both sessions will be available to stream online during the live service or can be viewed at a later time. On Rosh Hashanah Day 2, a full Rosh Hashanah service will take place which will also be live streamed for virtual viewing.

Whether you wish to be in-person or watch from home, we do ask that every member family unit complete the online high holiday registration form. The link to do that can be found at **[otaz.org/5784](https://otaz.org/5784)**. **THE DEADLINE FOR COMPLETING REGISTRATION IS THURSDAY, 9/7**. We recommend completing the online registration as soon as possible to allow us to better accommodate our limited capacity in the sanctuary. Service assignments will be **emailed** to your family prior to the start of Rosh Hashanah (on or before Tuesday, 9/12). Please make sure to attend the service times to which you are assigned.

This Guidebook will give you explanations of each section of the online registration form. However, **if you have any questions, please contact Amy at [highholidays@otaz.org](mailto:highholidays@otaz.org)**.

## GIFT OF THE HEART

Every congregant household who wishes to take part in Or Tzion High Holiday programming must make a *Gift of the Heart* commitment. Your *Gift of the Heart* includes your membership dues, High Holiday seats for you and your immediate family members (up to age 23) and your Yom Kippur appeal. High Holiday tickets and access to services are only available to congregants.

*Gift of the Heart* asks congregants to participate in a voluntary giving model that creates sustained financial support so that Or Tzion can expand the opportunity to create positive memories and learning experiences for all of our members. Congregants making a *Gift of the Heart* commitment of \$3,600 or more will become a member of the M'orot (Luminary) Society, a benefactor program of Congregation Or Tzion.

For more information and to make your commitment if you have not already done so, please go to: **[otaz.org/GIFT23](https://otaz.org/GIFT23)**.

## SOME IMPORTANT REGISTRATION INFORMATION:

As we approach the start of Rosh Hashanah, each family unit will receive an email indicating where each person of the family has been placed for each individual service, whether it's IN-PERSON or VIRTUAL. You will need to print that email as your 'ticket' of entrance to the in-person service. Streaming links will be sent out prior to the start of the High Holiday services for all VIRTUAL service viewing. **Please carefully review your assignments so there is no confusion the day of services.**

Please take your time and complete this form carefully and completely. **If you have any questions, please contact Amy at [highholidays@otaz.org](mailto:highholidays@otaz.org).**



## SERVICES and PROGRAMS for FAMILY, YOUTH & TEENS

**\*\*SEE PAGE 2 OF GUIDEBOOK FOR TIMES OF SERVICES\*\***

### **\*\*NEW THIS YEAR\*\***

#### **Family Services on Rosh Hashanah Day 2, Kol Nidre & YK Afternoon**

Led by Rabbi Green, Cantor Rubinstein, and Andre Ivory, these services incorporate powerful music, inspiring story, joyful song, traditional liturgy, and meaningful learning to engage families of all ages in the ritual and transformation of these sacred days.

### **\*\*NEW THIS YEAR\*\***

#### **HIGH HOLY DAYS KIDS' CLUB**

Interactive High Holy Day programming for children, featuring crafts and storytime. Kids' Club will be led by inspiring, caring and qualified teachers and teen volunteers. There is no fee but **prior registration is required**. For safety, parents will be required to check children in and out of the rooms at the Kids' Club check-in table. Available for ages 3 & 4 and ages 5 to 7. Snack will be provided. Must be potty-trained.

#### **Services for Families with Littles** (for parents and children under 7):

Parents are encouraged to attend these services with child(ren). Age appropriate programs include holiday songs and stories for the youngest members. See schedule on page 2 for days and times; Apples & Honey Service on erev Rosh Hashanah is included in this category.

#### **Youth Services - Grades 3 to 6**

Education Director, Andre Ivory leads an experiential, fun-filled service with prayer, song, activities for children grades 3 to 6.

#### **Teen Services - Grades 7 and up**

Teens join their peers to bring in the new year. Every teen is welcome to come sing, pray and hang with friends in a service led by Youth Director, Sarah Bochenek.

## STEP 1: START YOUR REGISTRATION

**Due by Thursday, 9/7.**

Go to [otaz.org/5784](https://otaz.org/5784), click on **HIGH HOLIDAY REGISTRATION** tab

Indicate on the registration form how many adults and how many children are included in your membership. Children up to age 23 are included in the family membership. Any children above that age can create their own membership unit by making their own *Gift of the Heart* pledge.

Under each person's name, identify where each person wishes to participate in each of the High Holiday services, whether IN-PERSON or VIRTUAL, main services or family services.

## STEP 2: BOOK OF REMEMBRANCE

Every year, Congregation Or Tzion publishes the *Sefer Zikaron*, or Book of Remembrance. This is our congregants' opportunity to memorialize the names of loved ones to be viewed when we pray *Yizkor*, beginning on Yom Kippur. If you wish to contribute names to the book, please review the options below and enter the information on your registration.

**There are multiple options for submissions to the Book of Remembrance**

**Premium Page: \$1000; fully customizable**

**Full Page: \$400; customizable**

**Half Page: \$200; lists up to 10 names**

**Quarter Page: \$100; lists up to 5 names**

**Listed names: \$18 per name**

Customizable pages may simply list names with your preferred wording, or include personal remembrances, memories, and/or images. Write your entry on the registration page or submit it to [highholidays@otaz.org](mailto:highholidays@otaz.org). We reserve the right to edit submitted content and will consult with you through this process.

**To add your Book of Remembrance entry, simply click on '1' from the dropdown menu to begin the process.** Under **Remembrance Categories and Costs**, choose 'yes' to the question that applies to the category you wish to purchase; enter names in the appropriate boxes (please check spelling!).

If you are a member of the M'orot Society, your commitment entitles you to a submission in the book at no extra charge: one-quarter page for those at the \$3,600 level; one-half page for those at the \$5,400 level; and a full page for those at the \$7,200 or higher level. **You do not need to submit your info on the registration page.** Simply email your info to Amy (or ask any pertinent questions) at [highholidays@otaz.org](mailto:highholidays@otaz.org).

## STEP 3: BREAK-FAST

**Don't miss the Or Tzion tradition!**

Once again, we are offering a traditional, dairy Yom Kippur Break-fast to be served immediately in the social hall, following the final shofar blast. Adults are \$30/person; children 13 and under are \$20/person. Use the registration form to RSVP and complete your payment if you wish to join us!

## STEP 4: SUKKOT

*The Or Tzion Men's Club recommends The Sukkah Project,  
[www.sukkot.com](http://www.sukkot.com), for all of your Sukkah needs.*

**Sukkah Brigade:** please answer these 2 questions

**Question 1: Are interested in having the Men's Club Sukkah Brigade build your sukkah?** The Sukkah Brigade will be building on **Sunday, 9/24 starting at 7:30am**. If yes, indicate that on the registration form along with your home address.

**Question 2: Would you be willing to help build with the Men's Club Sukkah Brigade on Sunday, 9/24?** If yes, please give us your name and contact info on the registration form. You don't have to be part of the Men's Club (or even a man...women are welcome too!).

**Would you like to purchase a Lulav & Etrog for your home?** Children's set \$36 each; Premium set \$54 each. Indicate quantity on registration page.

## STEP 5: PROJECT ISAIAH

Project Isaiah is our annual High Holiday drive benefiting the community at large. It is named for the prophet Isaiah, who when asked why we fast on Yom Kippur, responded "Is it not to share your bread with the hungry?" (Isaiah 58:7). Without question, Or Tzion's members have been overwhelmingly generous in donating both money and food during our Project Isaiah drive each year.

Project Isaiah 5784 will benefit **St. Mary's Food Bank** and **Jewish Free Loan**. Congregants can fill donation grocery bags and/or make a financial contribution to support either, or both, of these worthy charities.

**St. Mary's Food Bank** is a non-denominational organization that addresses food insecurity in Maricopa County, affiliated with Feeding America. Did you know? AZ is among the worst for childhood food insecurity; nearly 1 in 4 children are at risk of going hungry; \$1 helps provide 7 meals; 95% of all donations go to the programs; they provide hundreds of thousands of meals each day; donating to St. Mary's means supporting hundreds of partners including child food programs, domestic violence shelters, homeless shelters, rehab centers, senior programs, and veterans.

**Jewish Free Loan** provides interest-free loans to Arizona's Jewish community to enhance the quality of life of Jewish Arizonans. These loans allow recipients to navigate life's expenses without the worry or burden of compounding interest.

Monetary donations can be made on your online registration; bags for food donations will be handed out on Rosh Hashanah to be returned at Kol Nidre or Yom Kippur services. Thank you, in advance, for your generosity in supporting these two worthy organizations.

## FINALIZE YOUR REGISTRATION

The last section of the registration form asks if you want to contribute to the **Roz Goodell Education Fund**. This fund supports the religious school and other programs for children. Any amount is greatly appreciated.

To complete the form, click on the **CLICK HERE TO SUBMIT AND PAY** button. You will be taken to the payment form where you can pay for all High Holiday fees (if any accrued) on a credit card.

## FAQs for REGISTRATION

*Here are some answers to questions you might have:*

**Q: When will my electronic ticket be emailed to me?**

A: You will receive an **email** with your and your family's assigned services on it **on or before Tuesday, September 12**. If you cannot locate your email, first check your junk or spam folder. If it's not there, please contact Amy at [highholidays@otaz.org](mailto:highholidays@otaz.org) to have it resent to you.

**Q: When will I receive the streaming links for the High Holiday services for streaming from home?**

A: The email that will be sent on or before Tuesday, September 12 will contain all streaming links as well.

**Q: Do I have to complete the registration even if I wish to view all services virtually?**

A: Yes. We ask that each member family unit complete a registration even if you don't wish to attend in-person services.

**Q: I have more questions and cannot find answers in this booklet. Please help!**

A: Email Amy at [highholidays@otaz.org](mailto:highholidays@otaz.org) for answers. If she doesn't know, she'll find out for you!

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### Would you like to borrow a mahzor to use at home during the High Holidays?

For congregants attending services virtually, you may borrow a book to use at home during the High Holiday season. Mahzorim are now available for pick-up during Or Tzion business hours and religious school. Please call the office to reserve. A \$36 per book charge will be added to your Or Tzion account if the book is not returned by November 1.

# Sacred Traditions

## ANNUAL HONEY FUNDRAISER

Make 5784 extra sweet! Help spread sweetness and support Or Tzion by gifting honey from Sweet Sting Honey. All congregants will receive honey and Rosh Hashanah treats prior to the holiday.

For pricing and ordering, go to:  
**otaz.org/HONEY**. Deadline to order is 8/18!

## SELIHOT

Saturday, September 9th, 7:00pm  
@ Congregation Or Tzion

A Nefesh Refresh: Mindfulness & Positivity Workshop with Mariel Wilk  
Refreshments served followed by Havdalah and Selihot Service and Workshop.

## TASHLIH

Friday, September 22nd, 6pm  
@ Roadrunner Park · 3502 E Cactus Rd, Phoenix

Tashlih, which literally translates to “casting off,” is a ceremony in which Jews symbolically cast off the sins of the previous year by tossing pebbles or bread crumbs into flowing water.

Join fellow congregants for Kabbalat Shabbat and Tashlih ceremony. Everyone is encouraged to bring a picnic dinner to enjoy after services.

## KEVER AVOT

September 24, 2023  
7:00am Paradise Memorial  
8:00am Green Acres Cemetary  
10:00am Mount Sinai Cemetary

Kever Avot is the Jewish tradition of visiting the gravesites of parents and loved ones. Going during the holiday season takes on an even higher level of significance because it comes at a time of soul-searching and renewal.

## SUKKOT

Sunday, October 1st, 6:30pm  
At the home of Stan & Cheryl Hammerman.  
More information to follow....stay tuned!

Sukkot is one of the three major festivals in Judaism, and is both an agricultural festival of thanksgiving and a commemoration of the forty-year period during which the children of Israel wandered in the desert after leaving slavery in Egypt, living in temporary shelters as they traveled.

## SIMHAT TORAH CELEBRATION

SAVE THE DATE: Saturday, October 7, 6:00pm

Simhat Torah (Rejoicing with the Torah) marks the end of the annual cycle of weekly Torah readings and the beginning of the new cycle. It is a joyous holiday that celebrates the Jewish love of Torah and study.

Stay tuned for more information regarding the Or Tzion Simhat Torah Celebration.

## YIZKOR SERVICES

Yom Kippur: Monday, September 25th, 9am\* & 12pm\*  
Shemini Atzeret: Saturday, October 7, 9:30am\*

*\*times are approximate*



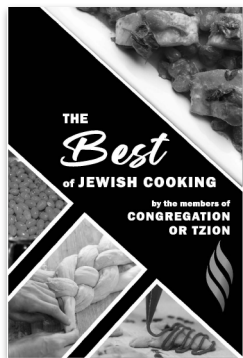
# A Few More Things to Know

## Have you purchased your Or Tzion Cookbook?

There are several APPLE CAKE recipes perfect for Rosh Hashanah...a delicious OVERNIGHT BRISKET that is sure to wow your family at your holiday meal...and many more wonderful holiday dishes your fellow congregants have contributed.

Don't miss out, **BUY YOUR COPY TODAY!\***  
\$36 per book.

*\*We've made it easy and added the purchase of the book to the High Holiday Registration page.*



## COME JOIN THE FUN!

### Or Tzion Men's Club (OTMC)

Or Tzion's Men's Club (OTMC) gets Jewish men involved in Jewish life and supports our congregation and the larger Jewish community through our programs, service, and sponsorships. We are an award-winning, affiliated chapter of the International Federation of Jewish Men's Clubs (FJMC). Our members reflect the diversity and values of Congregation Or Tzion, as a friendly, multigenerational, highly participatory organization. Membership is open to men age 13+.

We have a lot of fun events starting with the Sukkah Brigade on September 24th. Plus: Hiking in September and October; Torah on Tap in August, September, and November; and a Bike Ride in October. Much more to come in January and beyond.

### The Women's League of Congregation Or Tzion (WLCOT)

The Women's League of Congregation Or Tzion unites the diverse women of our congregation through creative and uplifting social, educational, cultural, social action, and Jewish ritual programming. The women of WLCOT are also committed to raising funds to help future Rabbis and Cantors with their living expenses while in school. For only \$36 per year, you can become part of this dynamic group of women who enjoy learning and fostering the future of Conservative Judaism...while at the same time, having fun!



**This Guidebook is brought to you by the  
High Holiday Committee 5784.**

Questions about your Gift of the Heart commitment? Contact Pam at [bookkeeper@otaz.org](mailto:bookkeeper@otaz.org).

Questions about borrowing a mahzor? Contact Marie at [officeadmin@otaz.org](mailto:officeadmin@otaz.org).

Questions about anything related to the high holidays? Seating, schedules, Book of Remembrance, etc. Contact Amy at [highholidays@otaz.org](mailto:highholidays@otaz.org).

**CONGREGATION OR TZION**

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